

‘How to Guide’ Rapid Testing of Education Staff and Secondary Age Pupils at Home (Self –Test)

Who is being tested and why?

Testing is important because you could be carrying the virus and may spread it to others. Testing all staff and pupils of secondary age and above (11+) without symptoms will support the education sector to continue to operate.

Simple and quick tests using antigen Lateral Flow Devices (LFD) enable the rapid testing of staff and secondary age pupils and students, from their home, without the need for a laboratory. Education settings will be provided with these test kits to distribute to their staff and students so that they can conduct testing at home.

Testing will help to break chains of transmission You will need to:

- carry out twice weekly testing at home (3 to 4 days apart) before coming into the education setting in the morning
- maintain ‘hand-face-space’

IMPORTANT: Tests are only for the use of the person assigned the kits, they should not be taken by anyone else. Retain your box or a record of your LOT number in the event of a product recall



This asymptomatic testing programme does not replace current guidance for those with symptoms or those identified as a close contact of a positive case. Anyone with symptoms, whether they are involved in this programme or not, should book [a free NHS test](#) and follow government self-isolation guidance until the results of their test are known. Testing also does not replace basic preventative measures such as regular handwashing, PPE and social distancing.

Lateral Flow Testing

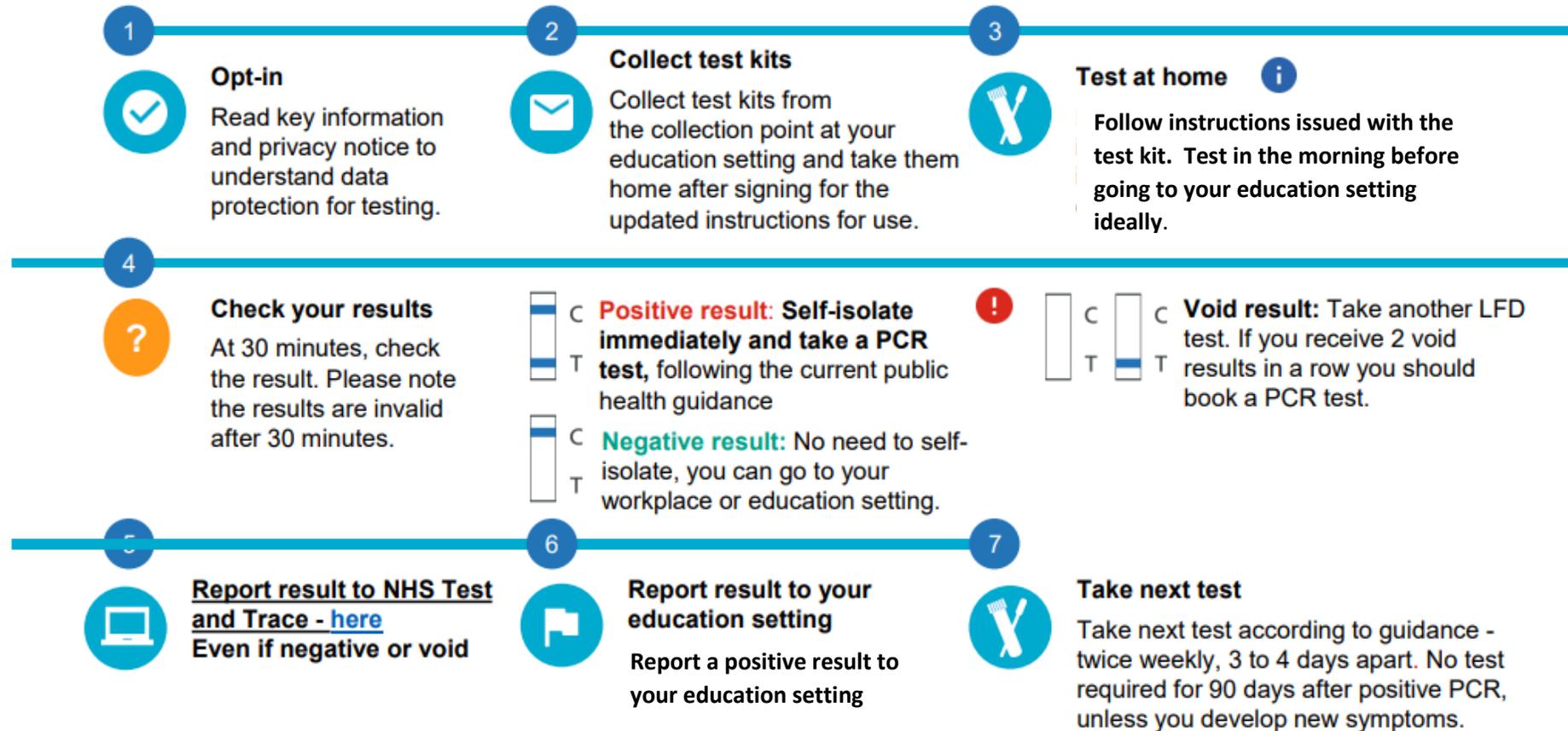
- Accessible and easy to use
- No lab required, with fast results
- Safe technology

HANDS

FACE

SPACE

Testing at home – the process



ⓘ It is recommended that you **test yourself in the morning** before attending your education setting (so there is less chance you get infected between taking the test and attending the setting). However, you may choose to do the testing the evening before, especially the first time, to give you more time to get accustomed to the test, and to have more time for your education setting to react to a positive test result.

! If you receive a positive LFD result you should [book a confirmatory PCR test](#). We would advise visiting a community or drive through test site as this is the quickest way to get tested, or you can order a home test kit. It is important that you self-isolate until the result of your PCR test. If you test negative, you must continue to follow national and local rule and guidelines including regular handwashing, social distancing and wearing face coverings, where required.

Step 1: Read guidance, watch webinars / videos

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- An instructional video is provided on [YouTube](#) for those taking the tests.

Step 2: How do you report your test result online

You are required to [report the results of your tests online, or by phone](#), every time you take a test, even if the result was negative or void.

Education settings are not able to view the results that their staff and students have uploaded to the online service.

You should therefore also communicate positive results separately with your education setting, so that they can respond accordingly.

Report a COVID-19 test result

Use this service to report your result to the NHS after using a coronavirus (COVID-19) lateral flow test kit.

A lateral flow test is a coronavirus test you do yourself. It shows you the result on a handheld device that comes with the test.

Report the result:

- every time you use a lateral flow test kit
- as soon as possible after you get the result

You cannot report a result after more than 24 hours.

[Start now >](#)

Participation and Data Protection

All participation in testing is voluntary

Once you have understand the testing process and have read the privacy notice, if you choose to participate you are committing to self-administer the test and report your results via the NHS Test & Trace digital platform and to your education setting in the event of a positive test.

Before taking your test, you must do three things:



1. Read the **privacy notice** to understand what will happen with your data.
2. Watch the video clip on how to test and read the instruction booklet.
3. Ensure you retain the outer carton with the log number in the event of a product recall.

People who decline to participate in this testing programme should follow the usual national guidelines on self-isolation and [get tested](#) if they show symptoms.