

Useful Numbers

Aids	0800 012 322
Bereavement – Cruse bereavement care Gtr. Manchester	0161 236 8103
Childline	0800 1111
NHS Direct	0845 04647
The Parallel – Young People’s Health Centre	01204 526805
360 – Under 19 Alcohol & Substance Misuse	01204 337330
Samaritans	08547 909090
School Nurse – Jayne Barber	01204 463562
Sexwise – 12 – 18 Helpline	0800 282930